



1st Child and Adolescent International Nursing Congress

Ensure Healthy Lives and Promote Well-Being

SCIENTIFIC PROGRAM

May, 20th

Morning

9:00am - 12:45pm

9:00am

OPENING CEREMONY

Maria Isabel Malheiro | President for the congress
José Vilelas | MCEE's President of Child Health and Pediatrics (OE)
António Lacerda Sales | Secretary of State and Health Assistant
João Santos | President of ESEL (Lisbon School of Nursing)

10:00am

CONFERENCE

The Child's right to health: Bárbara Menezes (DGS)
 Commentator: Maria Graça Vinagre

11:00am Coffee Break

11:15am

1ST TABLE – GROWING (BEING) HEALTHY | Chair: Sónia Rodrigues

Transition in parenting: and when it is the second child? From praxis to evidence | Joana Rodrigues (ESEL)
Sexuality in adolescence: multicultural context's influence | Cristina Jeremias (ESEL)
Promoting children's and adolescents' health with gamified digital interventions | Heidi Parisod (University of Turku)
Connect "in a good way" to a secure internet! Challenges of technologies in the development of children and young people | Margarida Gaspar de Matos (FMH, ISAMB-UL)

12:45pm Lunch

Afternoon

2:00pm - 6:00pm

2:00pm

2ND TABLE – CHILDREN WITH SPECIAL HEALTH NEEDS AND THEIR WELL-BEING IN TROUBLED TIMES | Chair: Ana Inês Costa

Challenges for a global access of children and their families to palliative care, and sensitive nursing outcomes | Julia Downing (International Children Palliative Care Network)
Pandemic's effects on children with cerebral palsy - A family/caregivers perspective - Teresa Folha (National Observatory for Cerebral Palsy)
Competences of parents with children born prematurely | Sónia Colaço (ESEL)
Effect of a Summer Camp on Self-efficacy, Knowledge and Quality of Life of Adolescents with Type 1 Diabetes Mellitus | Marília Flora (S. Teotónio Hospital)

3:30pm Coffee Break

3:45pm

Oral Communications and ePosters' presentations

6:00pm

End of day 1

May, 21st

Morning

9:00am – 3:00pm

09:00am **CONFERENCE**

Rights of the Child in a Pandemic Context | Ana Perdigão (IAC)
Commentator: Maria Alice Curado

10:00am **3RD TABLE – SAFETY IN PEDIATRICS: DIFFERENT PERSPECTIVES FOR A VISION** |

Chair: Ana Lúcia Brantes

Safety in the first years of life | Sandra Nascimento (Child Safety Promotion Association)

Safety in the school context | Tiago Silva (PSP – Safe School Program)

Safety in digital era | Ricardo Valadas (Judiciary Police)

Safety in healthcare: Safety in pediatric intensive care – Harm Measurement Tools |
Helga Oliveira (ESEL)

11h30 Coffee Break

11:45am **CONFERENCE**

The End of Violence against Children – From a Dream towards a Global Goal | Miguel Caldeira (UN)

Commentator: Maria Isabel Malheiro

12:45pm **CLOSING SESSION**

Award Ceremony

Filomena Sousa | Organization Committee's Representative

Maria Graça Vinagre | President of Technical and Scientific Board of ESEL

Patrícia Pereira | Vice President of ESEL
